



TM



COMFORTING AND CONVENIENT READY-TO-COOK KHICHDIS & SOUPS!

Millet-Based



BEST TO TALK

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PRODUCT CATEGORIES



INDIAN MEALS



MILLET KHICHDIS



HEALTHY SNACKS



NUTRITIOUS SOUP





QUICK HEALTHY DELICIOUS



Ready-to-Cook Khichdi

Premix Comes with Gujarati kadhi, Cow ghee, and Tastemaker



Jowar Millet Khichdi

Fiber-rich, protein-packed, loaded with minerals

550g approx.*
310 kcal/serving**



Bajri Millet Khichdi

Digestion-friendly meal, packed with protein

550g approx.*
310 kcal/serving**



Vegetable Khichdi

Meal with protein, fiber, and carbohydrates

650g approx.*
340 kcal/serving**



Kodo Millet Khichdi

Balance of taste, health, and convenience

550g approx.*
396 kcal/serving**



Masala Khichdi

Balance of taste, digestion, and nourishment

550g approx.*
340 kcal/serving**



Arogya Khichdi

Simple easily digestible meal, when feeling low

650g approx.*
400 kcal/serving**

*Weight after cooking
**Per serving: 100g portion

Each serving is designed for one person.

QUICK HEALTHY DELICIOUS



Ready-to-Cook Indian Meals

Premix Comes with Cow ghee and Tastemaker



Dal Rice Tadka

A nourishing blend of lentils and rice, packed with protein, fiber, and comforting flavors.

650g approx.*
348 kcal/serving**



Sambar Rice

A hearty and tangy one-pot meal offering a comforting and satisfying dish.

650g approx.*
336 kcal/serving**



QUICK HEALTHY DELICIOUS



Ready-to-Cook Healthy Snacks



Ragi Pani Puri

A nutritious take on pani puri featuring instant ragi pellets and a flavorful potato and black chana, pani paste with sweet chutney.

200g approx.*
361 kcal/serving**



Indori Poha

A light and flavorful poha, paired with a delicious tastemaker and crispy baked sev for the perfect balance of taste and texture.

150g approx.*
230 kcal/serving**



Masala Upma

A flavorful dish, enriched with a savory tastemaker and crunchy roasted peanuts for a perfect balance of taste and nutrition.

150g approx.*
240 kcal/serving**



QUICK HEALTHY DELICIOUS



Instant Healthy Millet Soup

Comes with Bread Croutons and Tastemaker



Hot & Sour

Boosts immunity and aids digestion

350ml approx.*

330 kcal/serving**



Lemon Coriander

Detoxifies, rich in vitamin C

350ml approx.*

300 kcal/serving**



Superb Vegetable

High-fiber, nutrient-packed

350ml approx.*

320 kcal/serving**



Tomato Beetroot

Improves blood flow

350ml approx.*

350 kcal/serving**



Healthy Spinach

Iron-rich, strengthens bones

350ml approx.*

280 kcal/serving**



Tangy Tomato

Antioxidant-rich, boosts immunity

350ml approx.*

350 kcal/serving**

*Weight after cooking

**Per serving: 100g portion

Each serving is designed for one person.



The Perfect Nutritious Traditional and Cultural Meal Solution for Your Busy Life

No time to cook?

Our preservative-free, 7-minute meals are perfect for busy professionals, students, and travelers. Light-weight and easy to carry, they bring fresh, home-style flavors wherever you go. Healthy eating—made effortless!

Our Story

Since 2017, we've been reinventing khichdi for modern life—healthy, preservative-free, and ready in just 7 minutes. Post-pandemic, we expanded with Ready-to-Cook Khichdi kits, soups, and snacks, making nutritious eating quick, easy, and accessible anytime, anywhere.





Our Global Reach

Kamlesh Khichdiwala is serving customers across multiple regions, ensuring that nutritious, ready-to-cook meals are available wherever you are.

INDIA



USA



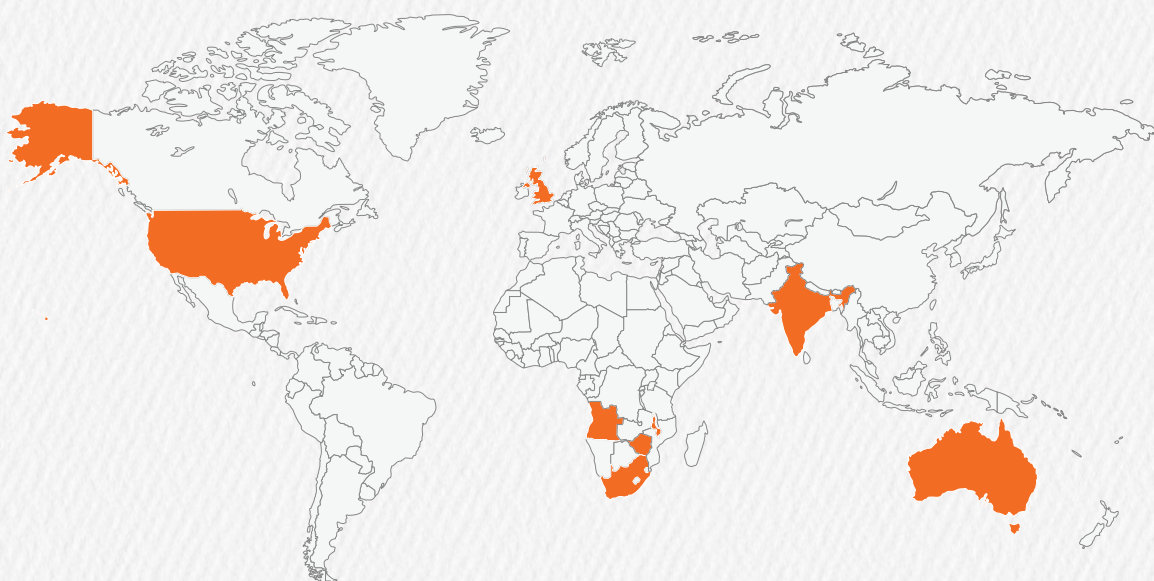
UK



AUSTRALIA



AFRICA



Become a Distributor

Looking to partner with Kamlesh Khichdiwala?
Join us in expanding our reach globally with nutritious,
ready-to-cook meals.

CONTACT US

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FROM THE FOUNDER'S DESK: A Fresh Start for a Healthier You!

Post-COVID, people prioritize health over convenience, but most ready-to-eat foods lack freshness. That's where **Kamlesh Khichdiwala** steps in! Our **ready-to-cook khichdi** kits bring back the joy of **freshly cooked, flavorful meals**—no preservatives, no additives, no artificial colors—just wholesome goodness in every bite.



KHICHDI: THE QUEEN OF CONVENIENCE & WELLNESS



Khichdi, India's timeless comfort food, goes by many names—khichuri, pongal, bisi bele bath, or kedgerie. This one-pot superfood blends rice, lentils, and spices, offering a balanced, nourishing, and easily digestible meal that aids detox, digestion, and weight management.

Here's why adding khichdi to your daily meals is a game-changer:



AIDS DIGESTION AND HEALING

Gentle on the stomach and recommended during recovery, khichdi stimulates digestion, eases bloating, and conserves your body's energy for healing.



COMPLETE PROTEIN MEAL

The combination of rice and lentils offers a complete protein, rich in essential amino acids, vitamins, and minerals. Add in healthy fats and digestion-friendly spices like cumin to enhance nutrient absorption and metabolism.



GUT-FRIENDLY GOODNESS

Easy to digest and nourishing for the gut, khichdi cleanses toxins and maintains digestive harmony, making it ideal for those with sensitive stomachs.



KEEPS YOU FULL AND CURBS CRAVINGS

Wholesome and hearty, khichdi satisfies hunger, curbs unnecessary cravings, and supports healthy weight management without restrictive dieting.



OUR MISSION IS SIMPLE YET POWERFUL:

To make India's healthy, traditional khichdi a global sensation-one bowl at a time.

Kamlesh Samaliya

Founder
Kamlesh Khichdiwala

A passionate food innovator, Kamlesh is on a mission to make khichdi the future of food. With Kamlesh Khichdiwala, he brings healthy, tasty, and instant khichdi to the world, crafted with a unique organic masala blend.

A passionate FMCG marketer, Dipti is on a mission to unite khichdi lovers on one platform and highlight the power of India's traditional, healthy food. She champions ready-to-cook khichdi as the world's best quick and nutritious meal option.

Dipti Sharma

Managing Partner
Kamlesh Khichdiwala

BE A PART OF THE KHICHDI REVOLUTION!



Join us and help elevate khichdi to where it truly belongs-as **INDIA'S NATIONAL DISH** and a global symbol of health and tradition.



Click Here to
Join WhatsApp Group!

Let's come together to celebrate, innovate, and promote the love for khichdi. Together, we can create a healthier, stronger, and tastier future - **one bowl at a time!**